

16th September 2021

Dear Parent/Carer

Forest School

We are delighted to inform you that our Forest School will be in use throughout the school year and this will give the children some fantastic opportunities for outdoor learning.

Forest School has many benefits for children:-

- Children are physically active for much of the time, improving stamina, gaining confidence and improving self-esteem. This can impact on their emotional and mental well-being. Their experience can also help to lead to the development of healthier lifestyles with children showing interest in trips to green spaces and woodlands outside of school times;
- Forest School helps children to develop their confidence, which they can take into other areas of their life, both in and out of school. Children learn to solve problems and be creative and imaginative at Forest School sessions, thus showing and developing enterprising behaviour.

This academic year Classes FS2 and Year 3 will attend weekly Forest School sessions. Waterproof clothing will be provided by the school. **Each child will need to bring his/her own wellington boots, which will stay in school. Your child's wellington boots will need to be clearly labelled.**

Class FS2 will attend Forest School on Friday afternoons. Their first session will be Friday, 24th September,

Year 3 will attend Forest School on Thursday mornings. Their first session will be Thursday, 23rd September.

We are really looking forward to our Forest School sessions, and to the children having fun and developing new skills while learning in an outdoor environment.

Yours sincerely

Miss M Du Bruyn
Headteacher

Miss M Akinboyewa
Forest School Leader